

# Get Over Your Fear of Public Speaking

Teaming up to bring you the very best in presentation skills:

**John Shackleton & Cath Vincent**

More terrifying than death, flying or spiders—the fear of public speaking or “glossophobia” is often said to be our *Number One Phobia*. Is it really true that at a funeral many people would rather be the person in the coffin than the one giving the eulogy?

Whether you absolutely dread public speaking or simply know that with a little extra confidence you could present even better, join us for this one-day workshop to learn simple strategies used by professionals...

Whatever your reason for developing your speaking skills—whether you want to attract more business or make a speech at a wedding, whether your audience will be 500 people or just 5—***Get Over Your Fear of Public Speaking*** will give you all the tools and confidence you need.



- ❖ Walk away with tried and tested techniques from professional speakers
- ❖ Understand the five Ps of perfect presenting: Preparation, Practice, Psychology, Physiology, and Practicalities
- ❖ Replace anxiety with utter self-belief.

**Monday 5th September 2011, 9.30am—3.30pm**

Waipuna Conference Centre, 58 Waipuna Road, Auckland

Tickets: \$199 ❖ Register at: [www.cathvincent.com](http://www.cathvincent.com)



As a keynote motivational speaker and performance expert John has scooped plenty of awards including Inspirational Speaker of the Year (2004), Business Person of the Year (2005) and Speaker of the Year (2007). He is a Certified Speaking Professional (CSP), a designation awarded to only the top 5% of professional speakers worldwide including just a handful in New Zealand. His unique background and experience has

**JOHN SHACKLETON**  
THE PERFORMANCE EXPERT

made him a powerful motivational speaker. [www.johnshack.com](http://www.johnshack.com)

*"I have seen many speakers present around the world, John Shackleton is one of the best I've seen in a long time. His presentation is lively, entertaining and always tailored to his audience."*

*Lindsay Adams CSP, President, Global Speakers Federation*



Cath is an inspirational force with over 20 years' experience in change and communications. She has coached high profile clients in the UK, Australia and New Zealand to make their technical or unpopular messages engaging and relevant. An advisor on communications to smooth the way of multi-million dollar infrastructure projects, she has shaken up government agencies and engineering consultancies with her

**cathvincent**

unorthodox style. Her advice—  
"Know How to Wow!".

[www.cathvincent.com](http://www.cathvincent.com)

*"Cath is an engaging and passionate speaker... Anyone who wants to improve their communication skills should track down Cath and squeeze the 'secrets' out of her."*

*Craig Dewe, Web Marketing Outlaw*

Reserve your place at [www.cathvincent.com](http://www.cathvincent.com)—queries +64 (0)9 294 8570